

Deputy Governor's 5K Challenge 2018

Cayman Brac: Sunday, 15 April

Little Cayman: Sunday, 22 April

Grand Cayman: Sunday, 29 April

About The Event

The DG's 5K Challenge is an annual event led by Deputy Governor Hon. Franz Manderson, bringing together civil servants, private sector employees and members of the general public in a fitness and fundraising challenge. This is part of the Deputy Governor's vision to have a healthier, more active and more socially engaged civil service, while benefitting charitable organisations and initiatives in the Cayman Islands.

2018 Fund-raising Target

\$60,000 (same as last year, although the total raised in 2017 was \$85,000)

2018 Beneficiaries

To mark the fifth anniversary of the DG's 5K Challenge, Deputy Governor has chosen five good causes to benefit from the fundraising event. They are:

Grand Cayman:

Feed Our Future

(www.feedourfuturecayman.org)

Cayman Islands Meals on Wheels

(www.mealsonwheels.ky)

Kiwanis Club of Grand Cayman

Kiwanis Buy a Kid Breakfast programme

(www.kiwanis.ky)

Cayman Brac:

Kirkconnell Community Care Centre (for provision of meals).

Little Cayman:

Primary school (for a "grow box")

Also New This Year

The event will be held for the first time in Little Cayman.

Previous Years

2017: \$85,000 raised for YMCA of the Cayman Islands to help build a ropes challenge course. The course is currently being built by Field of Dreams and will help the young people of Cayman with learning and life skills.

2016: \$60,000 raised for Cayman Heart Fund to help buy an ambulance, which was donated to the Health Services Authority for the people of the Cayman Islands.

2015: \$50,000 raised for Special Olympics Cayman Islands to help athletes attend the Special Olympic Games in Los Angeles the following summer.

2014: \$12,500 for Cayman HospiceCare towards new building currently being constructed on West Bay Road.

Participate Sponsor Donate

Participate: The DG's 5K Challenge walk/run is suitable for all ages and fitness levels. Everyone in the Cayman Islands is invited to take part.

Sponsor: There are a number of sponsorship opportunities for companies and individuals to support the event. Please contact SupportDG5k@gov.ky for details.

Donate: Donations are gratefully accepted regardless of participation level. Email SupportDG5K@gov.ky to request pick-up of a financial contribution. Cheques should be made payable to Cayman Islands Government, with memo: "DG's 5K Challenge 2018". Cheques can also be mailed to Portfolio of the Civil Service, Attn: Nadisha Walters, CFO, 133 Elgin Avenue, Government Admin. Bldg. Box 117, Grand Cayman, KY1-9000.

T-Shirts

There will be limited edition t-shirts/tank tops to commemorate the occasion, provided on a first-come first-served basis.

Website registration

Registration for DG's 5K Challenge is online at Cayman Active (www.caymanactive.com/dg5k).

Registration opens on 1 April 2018.

On the Day

Time: 6.30 a.m.

Place race begins

Cayman Brac: Museum, Stake Bay

Little Cayman: Southern Cross Club

Grand Cayman: Government Administration Building, Elgin Avenue,.

Awards & Prizes: Trophies and medals will be awarded on race day at for multiple categories in the timed race and there will be numerous raffle prizes to be won for all other participants in the event.

Entry fees:

\$25 for 18 & older

\$10 for 17 & younger

Facebook page

“Like” the DG’s 5K Challenge Facebook page to keep up with all the event news and photos. Please share our posts to spread the word.

Hashtag

#DG5KChallenge2018